

SOCIAL ADJUSTMENT AMONG URBAN AND RURAL WOMEN'S

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ABSTRACT

Adjustment is a signal of harmonious relationship between a man and his environment; an individual's social adjustment can be ascertained by his social development and adaptability to the social environment. Social Adjustment requires the development of social activities and virtues in an individual. It also requires that one should be social enough to live in harmony with one's social beings and feel responsibility and obligation towards one's fellow humans, society and country.

The author of the study wanted to reveal the difference of social adjustment among the women's,. The objectives of the study- to measure the social adjustment among urban women, to measure the social adjustment among rural women, to compare the social adjustment among urban and rural women, the hypothesis of the study stated by the author – there would be significant difference among urban and rural women.

Fifty women`s were taken as sample study, Twenty five women`s from urban area and twenty five women`s from rural area sample selected randomly, The data was collected by standardized tools the Dr. G.C. Pati test for and (adjustment inventory test) was collected by professor H.S. Asthana for Adjustment variable and using statistically analysis 't' test method. used to measure the level and differences in social adjustment. The collected data analyzed by the statistical techniques like mean, SD, t tests to test the research hypothesis.

Key words: *Social adjustment, Education.*

SOCIAL ADJUSTMENT:

Adjustment is a signal of harmonious relationship between a man and his environment. When we adjust ourselves by this means we are changing in some way to adopt or accommodate ourselves in order to get certain demands

of our environment. The conditions in the environment are in a continuous realm of nature. Thus, the process of adjustment is a continuous one.

An individual's social adjustment can be ascertained by his social development and adaptability to the social environment. Social Adjustment requires the development of social activities and virtues in an individual. It also requires that one should be social enough to live in harmony with one's social beings and feel responsibility and obligation towards one's fellow humans, society and country.

METHODOLOGY

Objectives

- To find out the social adjustment level among urban women
- To find out the social adjustment level among rural women
- To compare the level of adjustment among urban and rural women.

Hypothesis

- There would be the significant difference in level of adjustment among urban and rural women

Sample

Total fifty women randomly selected from both urban and rural areas of Kalaburagi district. Before the test the author given the needful instructions of the study and explained about the social adjustment test.

Tool

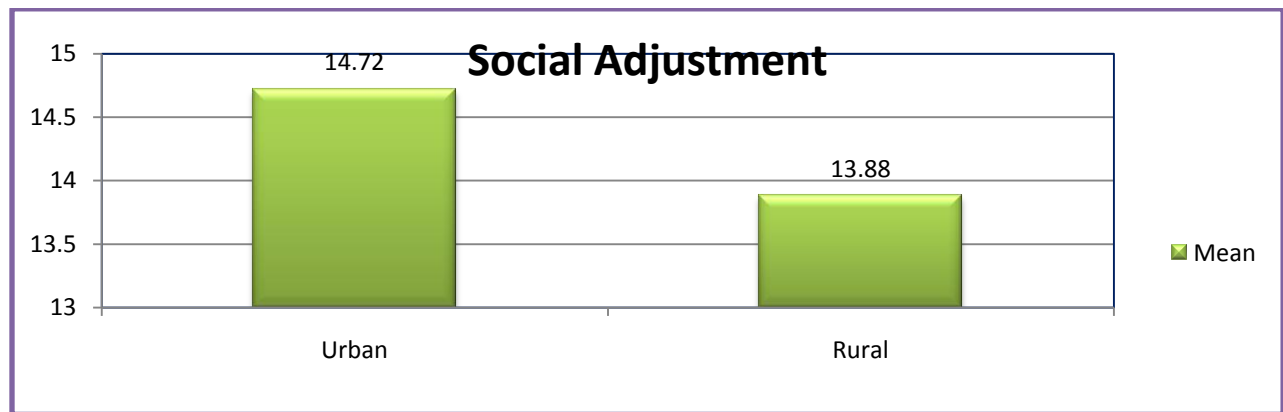
The data was collected by standardized tools the **Dr. G.C. Pati** test for and (**adjustment inventory test**) was collected by **professor H.S. Asthana** for Adjustment variable and using statistically analysis 't' test method Used to measure the level and differences in social adjustment among urban and rural women.

DATA ANALYSIS AND INTERPRETATION

Table No 1 Social Adjustments among urban and rural women`s

Sample	Mean	SD	t-Value
Urban women	14.72	1.88	2.064**
Rural women	13.88	2.10	

Significant at 0.01 level**



The urban women`s mean score is higher than the under rural women`s of the Kalaburagi district, the mean and standard deviations also showing the difference between the two groups the statistically calculated t value is 2.064** significance at 0.01** level.

CONCLUSION

The living areas like urban and rural having the influence on the social adjustment of women, the statistical techniques showing the significantly difference at 0.01 level, urban women are having higher social adjustment than the rural women.

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